

# The Home: Between Interior and Exterior Spaces

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## Abstract

For human beings, the home is of fundamental significance. Being at home as we are in the house, town, and in the countryside, brings challenges and responsibilities not just for architects and landscape architects, but for all residents. A “home” cannot be built, but occurs through individual appropriation of space. Professional designers can help to determine sensible conditions for the successful appropriation of space, both inside and out.

This article demonstrates the importance of having a particular place of belonging, and how this place develops in the first place. Examples and philosophical frameworks are used to provide a true-to-life description of humans’ experience of, and response to, spaces and emotions. The feeling of wellbeing is central to the discussion, however aspects such as the perception of confinement and expanse, co-operation, the door, outdoor living, personal style, memory, the home, and the garden are also considered. As an interior space, the home facilitates self-determination, close co-operation and security. Here we preserve memories, live according to our own preferences, and are free to express ourselves. Outside, in town and in nature, encounters and experiences with other people await us. In public spaces, we become an incarnate, constituent part of society and must act accordingly. In the countryside, we feel the effects of the weather more strongly, experience nature, and also find a home. The concept of home is founded on emotions we experience in both interior and exterior spaces, but rather than being gifted to us, it is something we must develop and maintain ourselves.